

Revised CABIN FEVER TIMERS

Session 1 (10-and-unders) 7AM warmup

Lane 4

8:00-9:00	Molloy	Ballard
9:00-10:00	Cooke	Knapp
10:00-11:00	Snyder	Anderson

Session 2 (11-12's) 10:45AM warmup

Lane 4

11:30-12:30	Hewlett	Turck
12:30-1:30	McMillan	Connelly
1:30-2:30	Mattia	McKeighan

Session 3 (13 & up) 3:00 warmup

Lane 4

3:45-4:45	Bramer	Kenyon
4:45-5:45	Williams	Mulshine
5:45-6:45	Wuerdeman	Zuccaro

PLEASE GO TO THE POOL TO RE-INITIAL YOUR ASSIGNMENT OR CONTACT PAUL ASAP TO ACKNOWLEDGE, OR IF YOU CAN NOT FILL YOUR SPOT: 798-4636 or flyerscoachpaul@hotmail.com

THANK YOU!