

February 1, 2010 Newsletter

GREAT SWIMMING FLYERS!

Too many winners, best times, super efforts, and wonderful surprises to list! Wow, what a great meet for all of our swimmers yesterday at Skidmore College. And, having a big team made it a lot of fun!

We had several swimmers establish personal best times in every event they competed in, including multiple heat winners. A few always stand out because their performances were extra special, like **Tawnie Butkowski**, who seems to be finding a way of controlling and channeling the potential of her extra long appendages as she continues to destroy best times and move up into the “veteran competitors” time standards very quickly! **Meghan Bramer** and **Joe Tingley**, two of the most mild-mannered kids you’ll ever meet, but put them in a meet to race and they turn into *eat my bubbles – take no prisoners* competitors, who also destroy their best times, everytime!

Veteran swimmers who’ve been competing on a regular basis for years have established times that get harder and harder to beat. **Ben Holser** (mom warned Coach Paul not to expect too much from her “sick” son) swam 9 secs. faster in his 200-free, a sec. faster in the 100-breaststroke, and 2 secs. faster in his 100-free, breaking a minute for the first time! He was helped by **Liam Mulshine**, who was swimming right next to him, and Liam broke the minute mark for the first time too!!

Lastly, we thoroughly enjoyed watching two of our future stars – 7 yr. old **Mara Cunningham**, and 6 yr. old **Karlee Salaway**. Tiny little sparkplugs rippin’ up the pool!

Great job Flyers! We’re proud of you!

GOOD LUCK AT THE FREEZE!

Good luck to the 22 Flyers attending the February Freeze this Saturday at RPI University. A popular meet, there will be some good competition. This is not a positive check-in meet (other than for the 500-free and 400IM), so programs will be available immediately. Directions are at the table, along with parent-

timing assignments for the morning session. Two morning girls relays are posted on the bulletin board. Swimmers need to look on deck for Coach Chris in the morning and Coach Mike in the afternoon.

CABIN FEVER ENTRIES DUE

Our last regular season USA meet is the Cabin Fever meet at Ballston Spa HS, Feb. 20. All Flyers entries are due **TONIGHT**. The meet is recommended for all of our swimmers. All entry forms must be completed with entry times.

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- ☺ Liz says that all members must pick up a letter from her! Please see her at the table.
- ☺ Silver Championship meet sheets will be available next week. Entries due by Feb. 15.
- ☺ We need volunteers to be part of our *Hometown SplashDown* meet fundraising committee. We’re looking forward to making our 2nd meet much better than the first, and we need to begin a more thorough fundraising process early. If you are interested in helping, or have questions, email Rich Zuccaro: (zuccarorj@roadrunner.com).
- ☺ The season will end with a flurry in March. After the Silver Championships, we’ve moved the Flyers Challenge Meet to our last regular evening for most of our swimmers, Mon., March 15. On Fri, March 12, we’ll offer our usual end-of-season “Bring-a-Friend!” Fun Night. Only those swimmers competing in the Gold Championships will practice one last time on Wed., March 17. And, the season’s Awards Banquet has been scheduled for Wed. evening, March 24th. Check the bulletin board calendar.

“SWIMMERS-OF-THE-WEEK!”

White: Olivia Fraser

Blue: Madison Crandall

Red: Chloe Cox

Silver: Reilly Connelly

Gold/Srs: Allison Turck & Joe Tingley

Congratulations Flyers!